



# Mental Health Services for YOUTH in Interior Health

We strive to ensure our services are welcoming of all peoples, gender identities, cultures, ethnicities and backgrounds.

Click on a link below for a description of that service and to find a Mental Health & Substance Use Centre near you.

Please note that the [Ministry of Children & Family Development](#) (MCFD) provides the majority of child & youth mental health services.

Interior Health and our partner agencies provide the following mental health services for youth under 19 years of age (age range is flexible depending on client needs). **Not all services are available in all centres.**

Call 310-MHSU (6478)

or Click here to connect to Interior Health's "Access Services" program for entry or referral to a mental health service that best meet your needs.

Our services are Person Centered, Recovery Oriented, Trauma Informed, Culturally Safe and based on Harm Reduction Principles.

Click here for Interior Health's Substance Use Services

## Prevention / Early Intervention

Mental Health Resources

Substance Use Services for Youth

### Self-Help

Help Lines Fact Sheet

Mobile Apps / Virtual Treatment Fact Sheet

### Public Health Services

Children & Youth Health

## Outpatient Treatment Services

Perinatal Counselling Services

Youth Intensive Case Management

Therapeutic Volunteer Program

Early Psychosis Intervention

Developmental Disability Mental Health Services

Supported Employment Services

Eating Disorders Treatment Services

Interior Health's Children Assessment Network

General Psychiatry Services

## Crisis & Hospital Services

Parkview Child & Adolescent Mental Health Centre

Crisis Response

RCMP Partnership Teams

Aboriginal Patient Navigator Services

## Inpatient Psychiatry Services

Pediatric Inpatient Psychiatry

Adolescent Psychiatric Unit (APU)

General Psychiatry Services

Neuropsychiatry



Interior Health

MENTAL HEALTH & SUBSTANCE USE NETWORK



Mental Health Services

Developed by: Coordinator | Endorsed by: MHSU Network Director | Developed: 04/12/19 | Revised: 07/01/22

[interiorhealth.ca](http://interiorhealth.ca) > Health & Wellness > Mental Health