

Mental Health Services for Children & Youth in Interior Health

We strive to ensure our services are welcoming of all peoples, gender identities, cultures, ethnicities and backgrounds.

If you have an ongoing mental health concern that is significantly impacting your daily life, Child & Youth Mental Health (CYMH) and Indigenous Child & Youth Mental Health (CYMH) Services might be able to provide the best support.

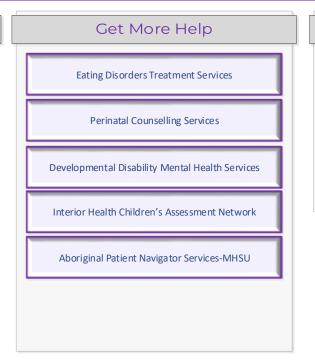
Call 310-MHSU (6478) or click here to connect to our "Access MHSU Services" for entry or referral to a mental health service that best meet your needs.

Our goal is to provide person centered, recovery oriented, trauma informed & culturally safe services based on harm reduction principles.

Interior Health and partner agencies provide the following mental health services for youth under the age of 19.

Click on a link below for a description of the service and to find a Mental Health & Substance Use (MHSU) Centre near you.

Mental Health Services for Children & Youth School Health Care / Mental Health Promotion Non-MHSU or Interior Health Services Foundry BC Kid's Help Phone First Nations Health Authority Kelty Mental Health Wellbeing BC





Go to YOUTH Substance Use Services in Interior Health



