



Mental Health Services in Interior Health

Interior Health and our partner agencies provide a range of mental health services for all ages. We strive to ensure our services are welcoming of all peoples, gender identities, cultures, ethnicities and backgrounds. Click on a link below for a description of that service and to find a Mental Health & Substance Use (MHSU) Centre near you.

Call 310-MHSU (6478)
or **Click here to connect to our “Access MHSU Services” program for entry into a mental health service that best meet your needs.**
Our services are Person Centered, Recovery Oriented, Trauma Informed, Culturally Safe and based on Harm Reduction Principles. Not all services are available in all centres.

[Click here for Substance Use Services](#)

Prevention / Early Intervention

- [Mental Health Resources](#)
- [Mental Health Services for Youth](#)

Public Health Services

- [Children & Youth Health](#)
- [Adult Health Care](#)

Self-Help

- [Help Lines Fact Sheet](#)
- [Mobile Apps / Virtual Treatment Fact Sheet](#)

Outpatient Treatment Services

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| Community Counselling & Treatment Services | Perinatal Counselling Services | Intensive Case Management | Treatment, Support & Recovery Services |
| Group Counselling & Education | Seniors Mental Health & Substance Use Services | Assertive Community Treatment | Therapeutic Volunteer Program |
| Eating Disorders Treatment Services | Developmental Disability Mental Health Services | General Psychiatry Services | Supported Employment Services |
| Early Psychosis Intervention | Interior Health’s Children Assessment Network | | Clubhouse |

Crisis & Hospital Services

- [Crisis Response](#)
- [Substance Use Connections](#)
- [RCMP Partnership Teams](#)
- [Aboriginal Patient Navigator Services \(APN\)](#)

Inpatient Psychiatry Services

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|---|---|---|
| Pediatric Inpatient Psychiatry | Acute Inpatient Psychiatry Services | Adult Psychiatry Assessment & Treatment |
| Adolescent Psychiatric Unit (APU) | General Psychiatry Services | Adult Tertiary Rehabilitation |
| | Neuropsychiatry | Older Adult Assessment & Treatment |
| | Psychiatric Intensive Care | Older Adult Long-term Tertiary Rehabilitation |