

## MyHealthPortal Features

View lab results, medical imaging reports (such as X-ray, CT and ultrasound scans), certain physician reports, upcoming appointments, and visit history. You can also update your contact information.



## Privacy

Protect your privacy! Never share your login or password information. Take care when viewing MyHealthPortal at a public location or printing information from the portal.

## How to get a MyHealthPortal account

1. Complete the **Authorization For Access to MyHealthPortal Account For Mature Minor** form.
2. Have the form signed by your Health Care Provider (e.g., Family Doctor, Nurse Practitioner, Psychologist).
3. Contact MyHealthPortal for information on securely uploading your completed form. Do not email the form. Alternatively, you can take the form to Health Records at your local hospital/IH facility.
4. You will receive a call to complete your enrolment.
5. Optional: request to share access (proxy) to your personal health information with another MyHealthPortal user at any time.



Interior Health

## MyHealthPortal Mature Minors 12 – 18

Secure online access to your IH health information from your computer, tablet or mobile devices 24/7.



For further information contact MyHealthPortal at 1-844-870-4756 or email [MyHealthPortal@interiorhealth.ca](mailto:MyHealthPortal@interiorhealth.ca)

<b>Section to be completed by Mature Minor (12-18 years old)</b>			
<b>I would like to request access to my personal health information contained within MyHealthPortal</b>			
Last Name	First Name	Middle Name	
Personal Health Number (Care Card Number)	Date of Birth (DD-MMM-YYYY)		
Mailing Address	City	Province	Postal Code
Phone Number (Daytime)	Email Address (accessed by Mature Minor only)		
Mature Minor Signature - REQUIRED	Date Signed (DD-MMM-YYYY)		

**OPTIONAL – Request to Share Access with Proxy, to be completed by Mature Minor**

<input type="checkbox"/> By checking this box, I affirm that I have read and understand the conditions outlined in the How to Share My Portal Account document at <a href="https://www.interiorhealth.ca/sites/default/files/PDFS/how-to-share-my-portal-account.pdf">https://www.interiorhealth.ca/sites/default/files/PDFS/how-to-share-my-portal-account.pdf</a> . Note: Verbal consent from Mature Minor will be obtained.	
Proxy Full Legal Name (Last, First Middle)	Proxy Date of Birth (DD-MMM-YYYY)
Proxy Personal Health Number (Care Card Number) – last four digits only	Proxy’s Relationship to Minor

**Section to be completed by a Health Care Provider**

The Minor above has requested to have access to his/her/their personal health record via MyHealthPortal, Interior Health’s patient portal. MyHealthPortal is an online web-based system that provides information contained in the Interior Health Electronic medical record (EMR), MEDITECH. This currently includes lab and microbiology results, medical imaging reports, certain transcribed reports, upcoming appointments, visit history, allergies, personal demographic information, etc. Additional information will be made available in the future.

As his/her/their Health Care Provider, you are requested to complete this form to confirm that the Minor is sufficiently mature and capable to understand the information contained in their personal health record. A Minor is defined as anyone under the Age of Majority (19 years in BC). The Mature Minor may elect to share access to their MyHealthPortal information to another MyHealthPortal user and has the ability to remove shared access at any time.

**I confirm that this patient is sufficiently mature/capable to have access to the personal health information contained within MyHealthPortal:**

Health Care Provider Name (First/Middle/Last)		Health Care Provider Specialty (Profession or Society)	
Mailing Address		City	
Province	Postal Code	Phone Number	
Date (DD-MMM-YYYY)	Time (24 hour)	Provider’s Signature -REQUIRED	Registration #/MSP # - REQUIRED

Note: The signing of this form is for information access only; it does not apply to emergency health care or treatment. Minors have the option to request their health care record at the Health Records department of their local IH facility.

**Send your completed form to Interior Health:**

- Call 1-844-870-4756 or Email [MyHealthPortal@interiorhealth.ca](mailto:MyHealthPortal@interiorhealth.ca) for secure file upload instructions (DO NOT EMAIL THIS FORM)
- Mail: MyHealthPortal Support 2355 Acland Road Kelowna, BC V1X 7X9
- In person at an Interior Health facility- Health Records department

For more information on MyHealthPortal visit: [www.interiorhealth.ca](http://www.interiorhealth.ca)