

On Demand STI Testing Program

What is On Demand Testing?

On Demand Testing is a quick and easy way to check for STIs and HIV and is a great option if you need routine testing. You will get an information sheet that explains what tests you should select on the provided lab requisition. A lab assistant will collect your blood and you will collect your own urine and / or swabs (throat, vagina, rectal).



What can I get tested for?

On Demand Testing can be done for Chlamydia, Gonorrhea, HIV and Syphilis. If you test too soon after an exposure to an STI, you may not get an accurate result. If you are concerned about a specific sexual contact, we recommend testing at 3 weeks **AND** 3 months following your contact.



Who is not eligible for On Demand Testing?

If any of the following applies to you, please **DO NOT** request On Demand Testing and see a nurse or doctor:

- You are experiencing symptoms of an STI
- You have had recent sexual contact with someone who tested positive for an STI and you require testing and treatment
- You would like to access HIV Post-Exposure Prophylaxis (PEP) or emergency contraception
- You are unable to collect your own swabs
- You would like to speak to a nurse or doctor for any other reason



Will I see a health care provider at my visit?

When you come for On Demand Testing, you will see a lab assistant. You will **NOT** see a nurse or doctor during an On Demand Testing appointment.



How do I get On Demand Testing at Interior Health in Cranbrook?

Go to the [Cranbrook Interior Health Outpatient Lab](#) and request an On Demand Testing information sheet and requisition.

