

For a Clickable Version of This Guide

1. Go to: www.interiorhealth.ca
2. Click Your Care > Mental Health Substance Use > Substance Use > Resources > OAT Clinical Resource Guide

OAT Services

[Opioid Agonist Treatment](#)

Provides people who are addicted to opioids with prescribed daily medications to help with opioid withdrawal and cravings.

[Opioid Agonist Treatment \(OAT\) Clinics & Providers](#)

IH supported and private clinics (Suboxone and Methadone clinics) & providers within the Interior Health region.

[Mental Health and Substance Use Centres](#)

Location, phone and fax numbers for all substance use service centres within Interior Health.

Substance Use Resources

[Interior Health Substance Use Resources](#)

[Opioids A Survivor's Guide](#)

Meds & Treatment: Broken Down by People Who've Lived Them

[Resources For Families Affected by Substance Use](#)

Information for individuals & families affected by Substance Use

[Gone Too Soon](#)

Grief Handbook: Navigating Grief and Loss as a Result of Substance Use

[Coping Kit](#)

From Grief to Action: Dealing with Addiction in Your Family

[Addiction Care and Treatment Online Certificate](#)

Offered by BC Centre on Substance Use

Advocacy Services

BC Centre on Substance Use, Peer Advocacy Navigator

(issues with OAT prescribing and peer support)

Laura Shaver, 778-939-7192

peernavigator@bccsu.ubc.ca

Provincial OAT Patient Support And Advocacy Group

[BC Association of People on Methadone \(BCAPOM\)](#)