

Pain Management Program

Patient Information
www.interiorhealth.ca

You have a right to pain relief and we encourage you to take an active role in managing your pain.

You will experience some pain following your surgery. As healing occurs, the pain will subside.

Our goal is to keep you as comfortable as possible following your surgery.

We will make every effort to keep your pain at or below your TARGET SCORE of _____.

- **You must communicate your pain to your nurse.**

Stay on top of your pain. Request pain relief before the pain increases. It is better to prevent pain than to let it get out of control.

If there is anything that you feel may help us work with you to get the best possible control of your pain, please tell us.

Narcotics administered for pain do not result in addiction.

The benefits of this program are:

- Satisfactory pain control
- Earlier and easier mobilization
- Earlier readiness for discharge

We encourage you to discuss our Pain Management Program with your family.

Wong-Baker FACES® Pain Rating Scale



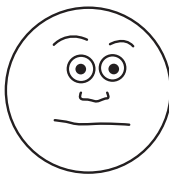
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No
Hurt



2

Hurts
Little Bit



4

Hurts
Little More



6

Hurts
Even More



8

Hurts
Whole Lot



10

Hurts
Worst

www.wongbakerFACES.org

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Healthlink BC

Dial 8-1-1

Hearing Impaired Dial 7-1-1

Talk to a Nurse 24 hours/day, 7 days/week

Pharmacist available between 5 p.m. - 9 a.m. daily

Dietitian between 9 a.m. - 5 p.m. - Monday to Friday

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