

On Demand STI Testing

Patient Information

www.interiorhealth.ca

What will be tested?

Chlamydia, Gonorrhea, HIV & Syphilis

If you test too soon after an exposure to an STI, you may not get an accurate result. If you are concerned about a specific sexual contact, we recommend testing at 3 weeks **AND** 3 months following your contact.

Use On Demand STI Testing when:

- It is part of your regular STI checkup, recommended every 3-6 months, especially when you have new or casual partners.
- You've had a change in your sexual activities.

Do NOT use On Demand STI Testing and see a healthcare provider if:

- You are having symptoms that you think could be an STI
- You had recent sexual contact with someone who has tested positive for an STI, and now you need to get tested and treated
- You want to access HIV Post-Exposure Prophylaxis (PEP) or emergency contraception
- You would like to speak to a nurse or doctor for any other reason

How do I get tested?

1. Fill out the lab form and choose any of the swab tests you would like added (see box for optional test(s) instructions).
2. All of the preselected tests are recommended, but you can choose to cross out any test(s) you don't want.

Optional test(s) to add:

On the lab form check the option(s) that matches the type of sex you are having.

- ✓ **Throat Swab** – My mouth on a partner's penis/external genitals or shared sex toy
- ✓ **Vaginal Swab** – A partner's penis/external genitals or shared sex toy in my vagina/internal genitals
- ✓ **Rectal Swab** – A partner's penis/external genitals or shared sex toy in my anus

3. Give the lab form back to the lab assistant. They will collect your blood and give you instructions to collect your own urine and/or swab(s) in the bathroom. Swab instructions will be provided by lab staff.
4. You will **NOT** be seen by a nurse or doctor.

How do I get my results?

Do not call the lab that collected your tests, they will not have your results.

If your test(s) are **positive** you will be contacted by a nurse who will provide follow-up care and connect you with a provider for treatment.

If your test(s) are **negative** you will **not** be contacted.

You can access your results by:

- MyHealthPortal for chlamydia and gonorrhea results
- Health Gateway for all results at www.healthgateway.gov.bc.ca
- Phone 1-866-778-7736 two weeks after your laboratory visit for HIV and syphilis results
- Following up with your regular health care provider

Call 8-1-1 Healthlink BC www.healthlinkbc.ca	Nurse	24 hours a day	Daily	Call 8-1-1 to speak with a nurse, ask a dietitian about nutrition, or a pharmacist about your medication.
	Dietitian	9 a.m. – 5 p.m.	Mon – Fri	
	Pharmacist	5 p.m. – 9 a.m.	Daily	
	Hearing Impaired	Call 7-1-1		