

Dress Code

Please note as we are a dual gender unit, dress code guidelines are strictly enforced

Patients and visitors must wear appropriate attire as defined below:

Clothing must be modest in fit, bottoms long enough to cover knees and tops long enough to cover waist and shoulders.



Clothing not allowed:

- See through tops and cleavage baring tops
- Short skirts, short shorts or any clothing that is revealing
- Garments and/or jewelry, which display or suggest sexual, vulgar, drug, alcohol or tobacco-related wording/graphics

Visiting Hours

Monday to Friday
4:00 pm to 8:00 pm

Weekends and Stat Holidays
2:00 pm to 8:00 pm.

These hours are in place to allow for therapeutic activities and quiet time on the unit.

To ensure safety:

- All visitors (family, friends and Parents will be asked to leave their belongings at the nurses station (including purses, backpacks, and cell phones or any other electronics). These will be returned when guests leave.
- Any items brought onto the unit for the patients need to be checked with the nurse prior to being given to the patient.
- Child/youth will identify approved visitors at the day of admission.
- Visitors under age 16 must be accompanied by an adult.
- Family members may visit in the patient's room with the door open.
- Other visitors can visit in the common area.



Interior Health
Every person matters

Pediatric Inpatient Psychiatry

Royal Inland Hospital



*We are a Smoke Free
and Scent Free/
Reduced Environment*

Welcome to Pediatric Inpatient Psychiatry

The Mission of IH Mental Health and Substance Use Services is to restore, preserve and promote good mental health through sustainable and accountable practices.

What we do

- Psychosocial assessments
- Treatment planning
- Care and intervention
- Medication management
- Supporting transitions
- Patient education for Individuals and Groups
- Referrals to appropriate resources
- Discharge planning
- Family support

Our Team

- Nurses
 - Registered Nurses
 - Registered Psychiatric Nurses
- Social Workers
- Child and Youth Worker
- Psychiatrists
- Aboriginal Patient Navigators
- Dietician
- Chaplain/Spiritual Advisor

What to Expect

Electronics and Phone usage

Cellphones/electronics are restricted. These items will be stored until discharge or sent home with family members. A unit phone is available for use.

Hospital Phone 250-374-5111 Ext. 3009

Toll-Free 1-877-288-5688 Ext. 3009

- Internet access is monitored
- TV is available during free time from 4 pm – 9 pm

Smoking

We are a smoke free facility; E-cigarettes and vape pens are not allowed. Patients are not permitted to leave the unit for cigarettes.

Nicotine Replacement Therapy is available.

Meals

Meals are to be served at main common area table, meals will not be served in rooms.

Rooms/Personal space

Patients may not enter into another patient's bedroom.

Sharing of clothing or other personal hygiene items between patients is discouraged.

Personal items are to be kept in personal locker, not in room.

Personal Items

Some belongings may be restricted based on safety.

Items you can bring:

- Clothing: 3 to 4 sets
- Shoes and slippers
- Comforter, blanket, pillow, pictures and photos (without glass or frame)
- Books
- Electric razor upon approval
- Medications (to be stored by nurse on admission)
- Personal Hygiene items- toothbrush/paste, hairbrush/make-up

Items not to bring:

- Sharps such as knives/blades, razors, scissors, pencil sharpeners, and metal utensils.
- Breakable items- glass, mirrors, and ceramic dishes
- Drugs and Alcohol
- Cigarettes, lighters, and matches
- All electronics including cell phones
- Plastic bags
- Clothing articles with strings (e.g. hoodie strings, pyjamas with string waist closures, etc.)