

STI Collection and Ordering Guide - Outpatients

Including Chlamydia trachomatis (CT), Gonorrhea (GC) and Trichomonas

ORANGE APTIMA MULTITEST

USE FOR:

VAGINAL

✓ Preferred CT/GC specimen for patients with a vagina¹

Same swab can be used for vaginitis (14-59yr, uncomplicated)

THROAT

RECTAL

PATIENT SELF-COLLECTION?

✓ YES²



WHITE APTIMA UNISEX

⚠ Testing will fail if too much mucous present

USE FOR:

CERVICAL

Remove cervical mucous using white swab before collecting specimen with blue swab

URETHRAL

If excessive mucous present, perform first catch urine instead

PATIENT SELF-COLLECTION?

✗ NO



YELLOW APTIMA URINE KIT

USE FOR:

FIRST CATCH URINE

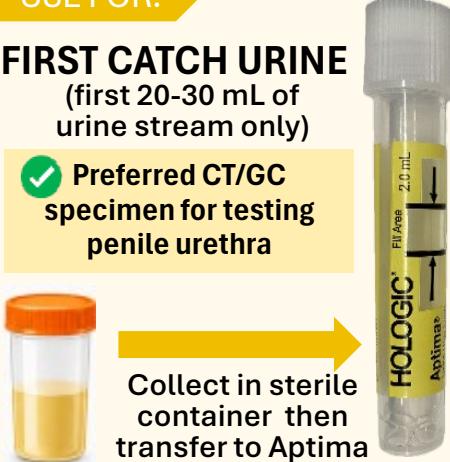
(first 20-30 mL of urine stream only)

✓ Preferred CT/GC specimen for testing penile urethra

Collect in sterile container then transfer to Aptima

PATIENT SELF-COLLECTION?

✓ YES²



QUICK ORDER REFERENCE		
SPECIMEN SOURCE	CHLAMYDIA/ GONORRHEA ORDERS	TRICHOMONAS ORDERS
✓ VAGINAL Preferred for CT/GC in patients with a vagina¹	STI TESTS ☒ Chlamydia / Gonorrhea NAAT ☐ Trichomonas NAAT Site: ☒ Vagina ☐ Urine (first catch) ☐ Cervix ☐ Urethra ☐ Other: _____	STI TESTS ☐ Chlamydia / Gonorrhea NAAT ☒ Trichomonas NAAT Site: ☒ Vagina ☐ Urine (first catch) ☐ Cervix ☐ Urethra ☐ Other: _____
CERVICAL	STI TESTS ☒ Chlamydia / Gonorrhea NAAT ☐ Trichomonas NAAT Site: ☐ Vagina ☐ Urine (first catch) ☒ Cervix ☐ Urethra ☐ Other: _____	STI TESTS ☐ Chlamydia / Gonorrhea NAAT ☒ Trichomonas NAAT Site: ☐ Vagina ☐ Urine (first catch) ☒ Cervix ☐ Urethra ☐ Other: _____
✓ URINE Preferred for CT/GC in penile urethra	STI TESTS ☒ Chlamydia / Gonorrhea NAAT ☐ Trichomonas NAAT Site: ☐ Vagina ☒ Urine (first catch) ☐ Cervix ☐ Urethra ☐ Other: _____	Not generally indicated ³
THROAT	STI TESTS ☒ Chlamydia / Gonorrhea NAAT ☐ Trichomonas NAAT Site: ☐ Vagina ☐ Urine (first catch) ☐ Cervix ☐ Urethra ☒ Other: throat	Testing not available
RECTAL	STI TESTS ☒ Chlamydia / Gonorrhea NAAT ☐ Trichomonas NAAT Site: ☐ Vagina ☐ Urine (first catch) ☐ Cervix ☐ Urethra ☒ Other: rectal	Testing not available
URETHRAL	STI TESTS ☒ Chlamydia / Gonorrhea NAAT ☐ Trichomonas NAAT Site: ☐ Vagina ☐ Urine (first catch) ☐ Cervix ☒ Urethra ☐ Other: _____	Not generally indicated ³ Male partners of cases can be treated empirically

Footnotes:

1. Use urine specimen if neovagina/vaginoplasty, hysterectomy with cervix removed or preference for urine

2. Patients may self-collect specimens in provider’s office. Samples collected at patient’s home won’t be accepted by lab. Patient Self-collection instructions are available at <https://www.interiorhealth.ca/sites/default/files/PDFS/patient-collection-instructions.pdf>

3. Useful in limited situations. For those with a vagina urine can be used if vaginal swab cannot be performed. For non-gonococcal penile urethritis, Trichomonas testing can be considered after CT/GC have been ruled out.