












VAGINITIS TESTING



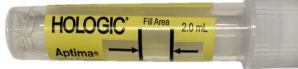



Healthcare provider collection instructions: Carefully insert swab ~5cm (2 inches) inside the opening of the vagina, then gently rotate against the vaginal wall for 30 seconds, ensuring moisture absorbed onto swab. Cervical swabs are **NOT** appropriate for vaginitis testing since testing methods assesses relative amounts of organisms in vaginal flora, and cervical flora may differ.

* Self-collection instructions are available at <https://www.interiorhealth.ca/sites/default/files/PDFS/patient-collection-instructions.pdf>

Patient Age/ Clinical factors	Collection Container	Patient Self-collect Option*	Tests Included	Outpatient Laboratory Requisition Request	Inpatient/ED Meditech Orders
14 to 59 years, uncomplicated	Aptima Multitest (orange) 	Yes	Bacterial vaginosis Yeast screen Trichomonas <div>The <u>same</u> swab can be used for Chlamydia/gonorrhea testing. See "Combination Order" #1. </div>	Select any option below: VAGINITIS <input checked="" type="checkbox"/> Initial (smear for BV & yeast only) AND/OR <input checked="" type="checkbox"/> Chronic/recurrent (smear, culture, trichomonas)	Vagina14-59y BV/ Yeast/Trich
14 to 59 years, with diagnosis of: <ul style="list-style-type: none"> Pregnancy Suspected PID Infection post-gynecologic surgery Intra or post-partum infection Toxic shock syndrome 	Okanagan Region <ul style="list-style-type: none"> eSwab (white cap)  Thompson-Cariboo and Kootenay Regions <ul style="list-style-type: none"> Gel swab (red cap) 	No	Bacterial vaginosis Yeast culture Bacterial culture <div>If Chlamydia/gonorrhea and/or Trichomonas testing required, collect and order additional Aptima swab. See Instructions below. </div>	Write in 'Other Tests' section: "Vaginal culture relevant diagnosis" OTHER TESTS – Standing Orders include expiry & frequency <input type="checkbox"/> ECG <input type="checkbox"/> FIT (Age 50-74 asymptomatic q2y) Copy to Colon Screening Program <input type="checkbox"/> FIT No copy to Colon Screening Program <div>Vaginal culture relevant diagnosis </div>	Vagina C&S - Relevant Diagnosis
Less than 14 years OR 60 years and greater	Okanagan Region <ul style="list-style-type: none"> eSwab (white cap)  Thompson-Cariboo and Kootenay Regions <ul style="list-style-type: none"> Gel swab (red cap) 	No	Yeast culture Bacterial culture Note: NOT eligible for BV testing due to different vaginal pH and flora	Select either option below: VAGINITIS <input checked="" type="checkbox"/> Initial (smear for BV & yeast only) OR <input checked="" type="checkbox"/> Chronic/recurrent (smear, culture, trichomonas)	Vagina C&S -Age <14yr or >59yr
Confirmed yeast infection with history of azole failure	Okanagan Region <ul style="list-style-type: none"> eSwab (white cap)  Thompson-Cariboo and Kootenay Regions <ul style="list-style-type: none"> Gel swab (red cap) 	No	Yeast culture	Write in 'Other Tests' section: "Vaginal yeast culture-azole failure" OTHER TESTS – Standing Orders include expiry & frequency <input type="checkbox"/> ECG <input type="checkbox"/> FIT (Age 50-74 asymptomatic q2y) Copy to Colon Screening Program <input type="checkbox"/> FIT No copy to Colon Screening Program <div>Vaginal yeast culture - azole failure </div>	Vagina Yeast C&S- Azole Failure

SEXUALLY TRANSMITTED INFECTION TESTING

* Self-collection, where appropriate, can only occur in a health care setting, such as a clinic or emergency department. Collection instructions are available at <https://www.interiorhealth.ca/sites/default/files/PDFS/patient-collection-instructions.pdf>

Test Request	Patient Sex	Specimen source	Patient Self-collect Option*	Collection Container	Outpatient Laboratory Requisition Request	Inpatient/ED Meditech Orders
Chlamydia/ Gonorrhea	Female	Vagina preferred ; equivalent performance to cervical collection <div> The same swab can be used for Trichomonas testing. See "Combination Order" #2. </div>	Yes	Aptima Multitest (orange) 	CHLAMYDIA (CT) & GONORRHEA (GC) by NAAT Source/site: <input type="checkbox"/> Urethra <input type="checkbox"/> Cervix <input type="checkbox"/> Urine <input checked="" type="checkbox"/> Vagina <input type="checkbox"/> Throat <input type="checkbox"/> Rectum	Vagina-Chlamydia/GC (CT/GC)
Chlamydia/ Gonorrhea	Female	Cervix Use larger swab to remove cervical mucous prior to collection to avoid cancellation due to specimen viscosity	No	Aptima Unisex (white) 	CHLAMYDIA (CT) & GONORRHEA (GC) by NAAT Source/site: <input type="checkbox"/> Urethra <input checked="" type="checkbox"/> Cervix <input type="checkbox"/> Urine <input type="checkbox"/> Vagina <input type="checkbox"/> Throat <input type="checkbox"/> Rectum	Cervix- Chlamydia/GC (CT/GC)
Chlamydia/ Gonorrhea	Female OR Male	First catch urine (limit to first 20-30 mL of urine only) NOT optimal for female patients; vaginal or cervical specimens perform better	Yes	Aptima Urine (yellow) 	CHLAMYDIA (CT) & GONORRHEA (GC) by NAAT Source/site: <input type="checkbox"/> Urethra <input type="checkbox"/> Cervix <input checked="" type="checkbox"/> Urine <input type="checkbox"/> Vagina <input type="checkbox"/> Throat <input type="checkbox"/> Rectum	Urine- Chlamydia/GC (CT/GC)
Chlamydia/ Gonorrhea	Female OR Male	Throat OR Rectum	Yes	Aptima Multitest (orange) 	CHLAMYDIA (CT) & GONORRHEA (GC) by NAAT Source/site: <input type="checkbox"/> Urethra <input type="checkbox"/> Cervix <input type="checkbox"/> Urine <input type="checkbox"/> Vagina <input checked="" type="checkbox"/> Throat <input type="checkbox"/> Rectum OR Source/site: <input type="checkbox"/> Urethra <input type="checkbox"/> Cervix <input type="checkbox"/> Urine <input type="checkbox"/> Vagina <input type="checkbox"/> Throat <input checked="" type="checkbox"/> Rectum	Throat- Chlamydia/ GC (CT/GC) OR Rectal- Chlamydia/GC (CT/GC)
Chlamydia/ Gonorrhea	Male	Urethra	No	Aptima Unisex (white) 	CHLAMYDIA (CT) & GONORRHEA (GC) by NAAT Source/site: <input checked="" type="checkbox"/> Urethra <input type="checkbox"/> Cervix <input type="checkbox"/> Urine <input type="checkbox"/> Vagina <input type="checkbox"/> Throat <input type="checkbox"/> Rectum	Urethra- Chlamydia/ GC (CT/GC)
Trichomonas	Female	Vagina	Yes	Aptima Multitest (orange) 	VAGINITIS <input type="checkbox"/> Initial (smear for BV & yeast only) <input type="checkbox"/> Chronic/recurrent (smear, culture, trichomonas) <input checked="" type="checkbox"/> Trichomonas testing	Trichomonas – Female/Aptima kit

COMBINATION ORDERS FOR MEDITECH USERS:

1. For one vaginal swab, requesting Bacterial vaginosis, Yeast, Trichomonas and Chlamydia/Gonorrhea testing, order: **Vagina14-59y BV/Yst/Trich/CTGC**
2. For one vaginal swab, requesting Chlamydia/Gonorrhea and Trichomonas testing, order: **CT/GC + Trichomonas Female**