

Vaginitis Collection and Ordering Guide – Outpatients

Note: For use when submitting specimens to Interior Health labs only

Healthcare provider collection instructions: Carefully insert swab ~5cm (2 inches) inside the vaginal opening, then gently rotate the swab against the vaginal wall for 30 seconds, ensuring moisture absorbed onto swab.

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DO NOT collect cervical swabs for vaginitis testing
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Vaginal swabs are the preferred specimen type for Chlamydia and gonorrhea testing, if it's required
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Mucous may cause testing failure on **Aptima swabs**. Avoid areas of excessive mucous when collecting swab

AGE 14-59 (REPRODUCTIVE AGED, NOT PREGNANT, UNCOMPLICATED VAGINITIS) MOLECULAR VAGINITIS PANEL INCLUDING BV, YEAST AND TRICHOMONAS

CONTAINER	LABORATORY REQUISITION	NEED TO ADD ON CHLAMYDIA/GONORRHEA TESTING?	PATIENT SELF-COLLECT IN PROVIDER'S OFFICE ¹
 Aptima Multitest (orange)	VAGINITIS ☒ Initial (Bacterial Vaginosis/Yeast) ☐ Chronic/recurrent (Bacterial Vaginosis/Yeast) ☐ Pre-Pubertal or Post-Menopausal (Culture)	☒ SAME SWAB for everything Collect 1 Aptima swab for vaginitis + STI LABORATORY REQUISITION: STI TESTS ☒ Chlamydia/ Gonorrhea NAAT ☐ Trichomonas NAAT Site: ☒ Vagina ☐ Urine (first catch) ☐ Cervix	Yes

SPECIAL SITUATIONS – USE VAGINAL GRAM STAIN AND CULTURE TO TEST FOR BV AND/OR OTHER BACTERIAL/YEAST PATHOGENS. NO TRICHOMONAS, CHLAMYDIA AND GONORRHEA TESTING → ORDER SEPARATELY

CONTAINER	CLINICAL SITUATION	LABORATORY REQUISITION	PATIENT SELF-COLLECTION	NEED TO ADD ON TRICHOMONAS & CHLAMYDIA/GONORRHEA TESTING?
Eswab (white cap)² 	- Pregnancy - Post-op infection - Intra or post-partum infection - Toxic shock syndrome - Neovagina/vaginoplasty - Testosterone therapy	Select: “Genital Culture”, write “Vagina” as site and indicate relevant history ☒ Genital Culture Site: <u>Vagina</u> → History: ☐ Peripartum ☐ Pelvic/Genitourinary Surgery ☐ Other: _____	No	For all situations:  Collect ADDITIONAL APTIMA Vaginal swab 
-OR- Gel swab (red cap)³ 	Outside of reproductive age : - Age <14 OR - Age ≥60 and/or post-menopausal, even if on HRT	VAGINITIS ☐ Initial (Bacterial Vaginosis/Yeast) ☐ Chronic/recurrent (Bacterial Vaginosis/Yeast) ☒ Pre-Pubertal or Post-Menopausal (Culture)	No	LABORATORY REQUISITION: STI TESTS ☒ Chlamydia/ Gonorrhea NAAT ☒ Trichomonas NAAT Site: ☒ Vagina ☐ Urine (first catch) ☐ Cervix
	Confirmed yeast infection with history of azole failure	Write in ‘Other Tests’ section: “Vaginal yeast culture-azole failure” OTHER TESTS Vaginal yeast culture - azole failure	No	

1. Patient's may self-collect specimens in provider's office. Samples collected at patient's home won't be accepted by lab. Patient Self-collection instructions are available at <https://www.interiorhealth.ca/sites/default/files/PDFS/patient-collection-instructions.pdf>
2. To be used in Okanagan region, Revelstoke & Salmon Arm
3. To be used in Thompson-Cariboo & Kootenay regions