## **NAVIG8** Emerging Medical Leaders Program

An Update on Interior Health's Medical Leadership Development Program

IH Board of Directors December 4, 2024

## **Land Acknowledgement**

Interior Health would like to recognize and acknowledge the traditional, ancestral, and unceded territories of the Dãkelh Dené, Ktunaxa, Nlaka'pamux, Secwépemc, St'át'imc, Syilx, and Tŝilhqot'in Nations where we live, learn, collaborate and work together.



## **NAVIG8 Primary Learning Components**

## **In-person & Virtual Learning Sessions**

Didactic learning sessions facilitated by internal faculty



## Self-Directed Online Learning

Enhance learning outcomes using virtual resource library and online learning modules



## Mentorship Program

Pair with a current medical or administrative leader as a mentor and coach

## Individual Learning Projects

Develop self-selected project which aligns with IH mission, vision, and values



## **Pod-Facilitated Group Learning**

Engage in a group learning project which aligns with current medical staff initiatives





## **Building a Community of Medical Leaders**



# Through the NAVIG8 Program I am...

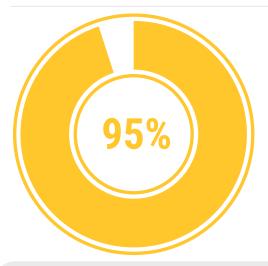
% of respondents who 'Agreed' or 'Strongly Agreed' with the statement

Cohorts 1 & 2 Average Aggregate Scores for Learning Sessions 1 – 8

#### **DEVELOPING LEADERSHIP SKILLS**

Gaining specific skills and ideas that I can apply to my area of practice



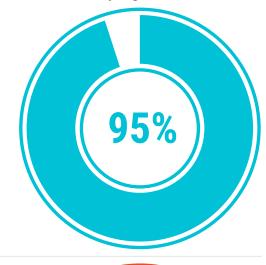


#### **ENHANCING HA ENGAGEMENT**

Improving my engagement with the health authority

#### **MASTERING ORGANIZATIONAL CHANGE**

Improving my ability to lead change in my organization

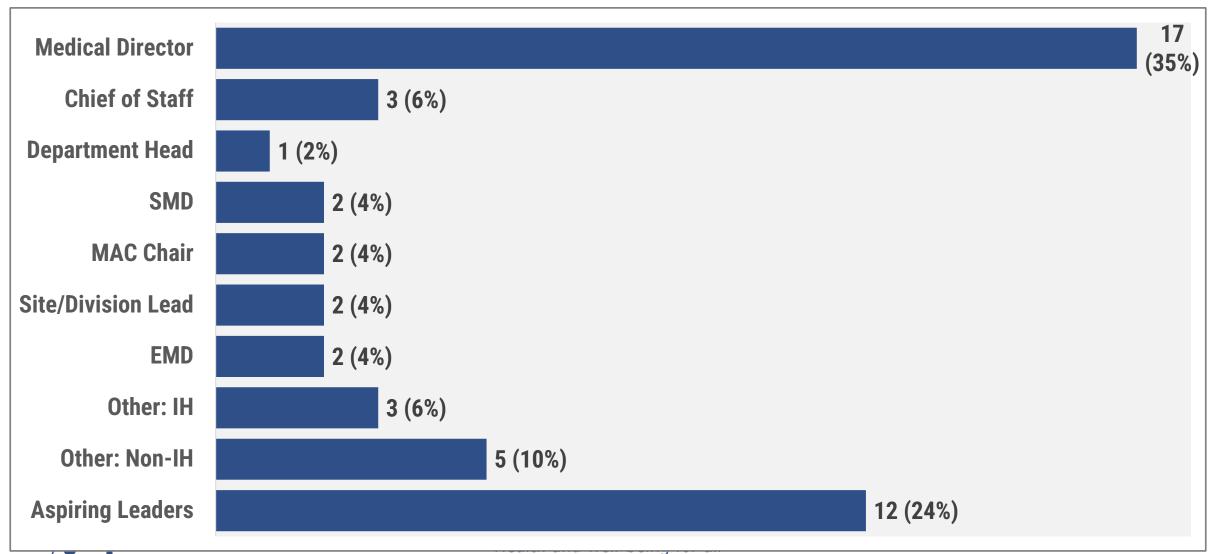




#### **EXPANDING LEADERSHIP AWARENESS**

Developing a deeper awareness of my own leadership strengths and development opportunities

## Leadership Pathways: Current Positions of Graduates







There is no question in my mind that the program is helping to transform me into a more confident and thoughtful leader. Networking with a group of my peers early on in the program was invaluable. I learned as much from my peers as from the speakers.



When I started this program I didn't think that I would ever be the type of person that would be able to inspire leadership in others or help mentor others in leadership positions. NAVIG8 has completely changed this. Others recognize the skills I have learned from NAVIG8 and are seeking me out to ask for advice and I feel that I have the tools to help them.



NAVIG8 is great. The friendships and professional connections across the health authority are very valuable to learn from one another and advocate for each other. We are all in this together and trying to improve healthcare [...]



NAVIG8 gave me the confidence to lead and made me realize that although I am not the loudest voice in the room, my voice needed to be heard. The program left me feeling strong and energized.





## Showcasing Impact:

## NAVIG8 Leadership Projects

#### Cohorts 1 & 2

#### **Creating a Culture of Continuous Improvement and Leadership Success**

(Community: Kamloops)

Creation of a standardized medical leader review to foster a culture of continuous improvement and leadership success.

#### **Establishing a Multidisciplinary Diabetic Foot Care Clinic**

(Community: Vernon)

Development of a new multidisciplinary Diabetic Foot Care Clinic with the goal to reduce amputation rates, hospitals stays and the burden of the disease.

#### The Impact of a Diversity, Equity & Inclusion Event on Gender Referral Bias

(Community: Trail)

To assess the impact of a DEI physician education event on gender referral bias practices to Urology in the Kootenay Boundary region.

#### **Civility Matters**

(Community: Vernon)

Improve culture of a department by cultivating civility via focused learning sessions and use of discussion cards during team meetings.

### Next Steps: Advancements and Changes Ahead



#### **Advances in 2024**

**Apr - Nov 2024** 

Program content migration



- Transition Program Content to new Learning Management System (LMS)
- Alignment of NAVIG8 Leadership Projects with IH Priorities
- Reinvigorated Advisory Council

#### **Next Steps**

**Jan 2025** 

Nomination outreach



 Engage internal and external partners to nominate qualified candidates for Cohort 4

**Jun 2025** 

**Graduation celebration** 



Honor the achievements of Cohort 3
participants with a formal graduation event

**Sep 2025** 

Program launch



 Begin Cohort 4's leadership development journey



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