

Public Health Education Opportunities For School Staff

The Healthy Schools Program supports health promotion using a Comprehensive School Health approach. Public Health Nurses and other health professionals partner with schools and school districts to promote health and well-being at school.

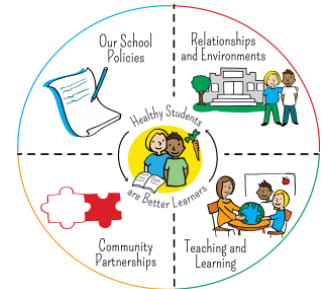
The following education opportunities for school staff are available within Interior Health:

School Level Services

Public Health Nurses

In person education, connections and resources.

- Anaphylaxis Training – for all staff (once or twice/year)
- Medical Conditions Training/Consultation- for all staff (e.g. diabetes, seizures) (once/year)
- Rescue Medication Training for specific school staff (glucagon, Solu-Cortef) as needed
- Naloxone Training (may be done in partnership with youth harm reduction coordinator or community agency)
- Communicable Disease Prevention (e.g. handwashing)
- Injury Prevention (e.g. concussion, sun safety)
- Sexual Health (e.g. contraceptives and sexually transmitted infections, free condom order form)
- Immunization Education- Kids Boost Immunity (Grade 6 teachers and students)
- Resources on Health Topics ([Teaching Toolkits](#) on Public Website)
- Referral to other Interior Health services or Community Partners (e.g. mental health, substance use, dietitian, harm reduction, legal substances)



For more information go to:
[Public Health Services & Resource Information for School Staff](#)

Or contact your [school health nurse](#)



District Level In-services

Harm Reduction In-services & Partnerships

Virtual or in-person workshops available

- Naloxone Blue Kit Program for Schools (Naloxone Training may be done in partnership with a local PHN or community agency)
- Overdose Response Policy Consultation
- Staff Training (e.g. Youth Harm Reduction 101, Recognizing and Responding to the Effects of Substances)
- School Policy Consultation
- Education and Curriculum Resources

For more information see Page 4 of the [Youth Harm Reduction Program](#)

or contact: YHRC@interiorhealth.ca

Legal Substances Partnerships (formerly Tobacco & Vapour Reduction)

Virtual or in-person workshops available

- Staff Training (e.g. legal substance education and support tools)
- School/District policy consultation with regard to tobacco, cannabis, vape and/or alcohol
- Education and curriculum resources
- Review or implementation of legal substance prevention programming

For helpful tools & resources, see our webpages at:

- [Tobacco and Vaping Information for Schools](#)
- [Tobacco & Vaping Information for Teens](#)
- [Cannabis Information for Youth](#)

or contact: LegalSubstances@interiorhealth.ca

Nutrition In-services & Partnerships

Virtual or in-person workshops available

- Ideas and guidance for school meal programs
- Weight bias and stigma in schools
- Food literacy and teaching about food and nutrition

For more information contact: schoolnutrition@interiorhealth.ca