



## REGIONAL PERINATAL SPECIALTY PROGRAM (RPSP)

The Interior Health **Regional Perinatal Specialty Program (RPSP)** is a **Canadian Nurses Association (CNA) accredited program** that is a blended learning model that supports RNs to work in the perinatal environment (within their respective/defined scopes). The IH Maternal Newborn Child and Youth Network and the Professional Practice Office have jointly approved the program to satisfy the advanced preparation required to work within the perinatal specialty.

The RPSP utilizes a blended learning model with systematic integration of online and face-to-face learning. The goal of the Interior Health (IH) Regional Perinatal Specialty Program (RPSP) is to prepare Registered Nurses to provide safe, competent, professional, and patient centered care in the perinatal setting, at a competent novice level by the end of the program.

The program uses standardized, evidence informed online curriculum offered by the Association of Women's Health Obstetric and Neonatal Nurses (AWHONN). Additional evidence informed theory includes STEP 2 Education – Breastfeeding Essentials and Managing Obstetrical Risk Efficiently (MoreOB). **\*Current Fetal Health Surveillance (FHS) and Neonatal Resuscitation Program (NRP) within 2 years.**

**RPSP has three components: theory, education weeks, and preceptorship.**

*Required Theory		RKC led Education Weeks	Preceptor led Clinical Practicum	Total Length of Program
Part-Time Study (12 weeks)		Full-Time Training – all hours remunerated (12 weeks)		<b>24 weeks</b>
*AWHONN	49 hours	75-112.5** hours	286 hours 26x11 hour shifts at designated site	<b>487 – 524.5 hours***</b>
*STEP 2	22 hours			
MoreOB	55 hours			

*\*Completed prior to progression to full-time training. Hours to complete theory is an average estimate and may take longer to complete for some learners. Access to on-line modules is purchased by the Professional Practice Office – time to complete theory/study are unpaid hours as employee investment in their education.*

*\*\* A third education week is provided for Enhanced Neonatal Stabilization Training (ENST) ONLY to RNs from non-tertiary sites. Tertiary sites are defined as RIH and KGH.*

*\*\*\* These hours do not account for FHS & NRP workshops, as reflected in hours in the Course Syllabus.*

**Additional program information may be found in the [RPSP Syllabus](#).**