

Baby Talk

851 16th Street NE Salmon Arm Health Centre

Phone # 250 833 4101

Wednesday 1:30 – 3:00 pm

January 14, 2026 – Driving to Daycare

January 21, 2026 – Feed Me, I'm Yours

January 28, 2026 – Breastfeeding

February 4, 2026 – Dental

February 11, 2026 – Early Communication

February 18, 2026 – Taking Care of Mom

February 25, 2026 – Weight & See

March 4, 2026 – Story Time

March 11, 2026 – Infant Massage

March 18, 2026 – Infant Massage

March 25, 2026 – Let's Get Creative



January 14/26 – All about Car Seats – Meagan Hislop PHN

January 21/26 – Introduction to solids – Rhonda Stepanenko PHN

January 28/26 – Breastfeeding – Holly Overgaard PHN

February 4/26 – Taking care of Baby's oral health – Robyn Couch

February 11/26 – Early Communication with SLP Bonnie Johnson

February 18/26 – Physiotherapist Jill Nahm

February 25/26 – Weight & See

March 4/26 – Story Time – Children's Librarian Ardie Burnham

March 11/26 – Infant Massage with Susie Sayers

March 18/26 – Infant Massage with Susie Sayers

March 25/26 – Let's get creative – Art with Elizabeth Pattie.

