

Same Day Admission for Surgery



Interior Health
Every person matters

Patient Information • Vernon Jubilee Hospital

www.interiorhealth.ca

Prior to Surgery, you must organize:

- Transportation to and from the hospital
- A caregiver if necessary
- An interpreter if needed
- Equipment which may be required after surgery (i.e. crutches, walker, dressing supplies etc.)
- A family member or friend to assist with meals, housekeeping and personal care once you are at home if necessary

Notify your surgeon's office if you develop a fever, cold, or illness prior to your surgery.

Please stop at your local pharmacy and have them print out a current medication list for you within 7-10 days prior to surgery. Bring this in with you and give it to your pre-op nurse.

The Last Business Day before Surgery

Vernon Jubilee Hospital will be phoning you between 12 p.m. and 2 p.m. to give you your arrival time and your pre-op instructions.

Fasting Orders for day of Surgery.

Do not eat solid food including milk or milk substances after midnight the night before surgery.

You may have one cup (8 oz) of water or apple juice up to 3 hours before surgery

Do not chew gum, eat candy or smoke (tobacco, vape or cannabis) after midnight

Please follow all instructions to avoid cancellation of your surgery.

The Morning of Surgery

- Take only the medications that you have been told to by Anesthesia or the Pre-Surgical Screening nurse. If you have a question please contact the Pre-surgical department and ask.
- Have a bath or shower; use a fresh bar of soap and fresh towel. Remove all jewelry and piercings and leave valuables at home. Remove all makeup and nail polish.
- Do not bring credit cards or more than \$20.00 cash to the hospital. We are not responsible for valuables lost.
- Wear loose fitting clothing and comfortable footwear.

We are a scent reduced facility. No perfumes or aftershaves on you or your support people.

Bring to the Hospital

- BC Care Card
- Bring in any Inhalers, Insulin you use, eye drops or nasal sprays
- Medication list from a pharmacist
- If you require crutches after surgery, please bring them with you
- Housecoat, slippers, walking shoes, toiletry items
- Entertainment i.e. book, knitting, tablet etc.
- There is complimentary WIFI access
- **Cell phones are allowed** at your bedside and are a good way for your family and friends to keep in contact with you

more information on other side →

Healthlink BC	Nurse	24 hours a day	Daily	Call 8-1-1 to speak with a nurse, ask a dietitian about nutrition, or a pharmacist about your medication.
Call 8-1-1	Dietitian	9 am–5 pm	Mon–Fri	
	Pharmacist	5 pm–9 am	Daily	
	Hearing Impaired	Call 7-1-1		
www.healthlinkbc.ca				

Same Day Admission for Surgery *(continued)*

Arrival at the Hospital

- Please be on time
- Your driver will bring you to the Polson Tower main entrance. Escorts or Essential visitors are only allowed for patients that are under age of consent (18), and for patients that are mentally or physically unable to look after themselves.
- Upon arrival report to the Patient Registration Desk with your Care Card. They will direct you to the third floor.
- Please check in with the Clerk at the reception desk on the third floor and she will give you further instructions

Information for Family and Friends

- At this time there is no visiting permitted.
- Under certain circumstances Essential Visitors are allowed in, but must pass the COVID screening process. Please inquire with the staff on your floor if you qualify to have an essential visitor.
- If your Family or Friends would like to drop something off for you they must bring it to level 2 of the Polson tower between 10:00 a.m. and 3:00 p.m. for a volunteer to take it to you.

Please Note

There may be times when an unplanned emergency occurs. This may result in your surgery being postponed and re-booked for a later date.

Vernon Jubilee Hospital is a clean air establishment. There is no smoking of any kind on the hospital grounds.

Your Operation

Specific instructions for your surgery

Stop all vitamins, herbals and supplements 7 days before surgery.

Medications: _____

Note: It is hospital policy that patients be discharged by 10:00 a.m.

Inquiries

Vernon Jubilee Hospital Admitting Department
250-558-1378

Pre-Surgical Screening Nurse
250-558-1333

Pre-admission Inquiries
250-558-1200 ext 1825