Self-Service Password Reset (SSPR)
Security Question Setup

To complete these steps, you must be already registered for MFA. The below steps can be performed from any device.

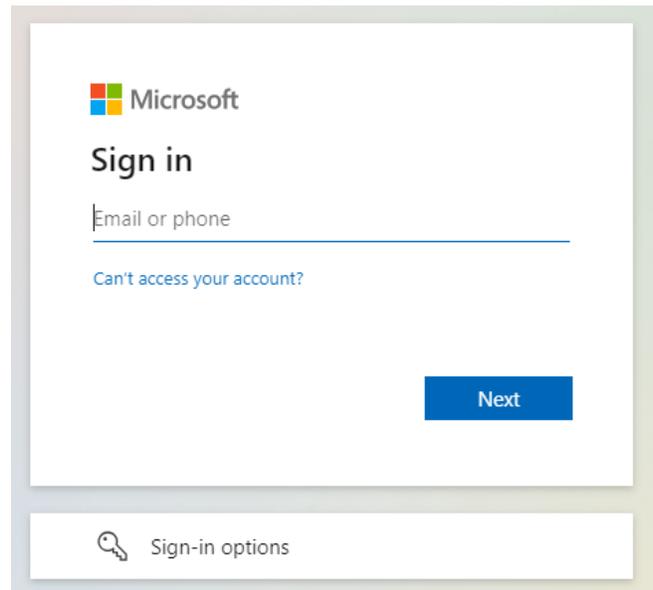1. Navigate to aka.ms/mysecurityinfo in your internet browser.

   OR

   Open Microsoft Authenticator. You may be prompted to unlock your phone (PIN, thumbprint or Face ID). Tap *Update security info*.

2. Enter your IH email address or select your IH account.

   (?) *If you do not have an IH email address, enter your* username@interiorhealth.ca *(example* lasf@interiorhealth.ca*)*

3. Tap **Next**.

4. You may be prompted for your IH password and authenticator.

5. Select *Add sign-in method.*

6. Select Security questions from the dropdown menu.

   Note: If Security questions is not a selectable option, you have likely already completed the registration.

7. Select **Add**.

8. Choose security questions and enter in the answers.

   We recommend not giving obvious answers to questions where the answer may be publicly available or known information. For example, if you have an Instagram account for your dog, don't use their name as an answer.

9. Select **Done**.

Security questions

- What is the last name of your Best Man or Maid of Hono...
- What was the name of your favorite stuffed animal?
- What was your favorite sport in high school?
- What was the make and model of your first car or motor...
- What were the last four digits of your childhood telepho...

Cancel   Done

10. You should be taken back to the Security info page and see Security questions listed under your sign-in methods.

11. You can now close the page.

Security info

These are the methods you use to sign into your...

You're using the most advisable sign-in method where it applies.
Sign-in method when most advisable is unavailable: Microsoft Authenticator - notification Change

Security questions were successfully registered
Wed, 03 Jul 2024 21:11:34 GMT

+ Add sign-in method

...	Password	Last updated: 6 minutes ago	Change
(icon)	Microsoft Authenticator Push multi-factor authentication (MFA)	Pixel 6	Delete
?	Security questions	---	Delete

Lost device? Sign out everywhere

If you require assistance setting up your Security Questions, call the Service Desk anytime at 1-855-242-1300.