

**PUBLIC DISTRIBUTION** 

## Click here to go to Bed-Based Services for YOUTH

Call 310-MHSU (6478) for more information and linkages to other Substance Use Services. We invite you to connect with our Access Services program at your local Mental Health & Substance Use Centre.

If you are seeking help to withdraw from, or stabilize your alcohol and/or substance use, and live in Kamloops, Kelowna, Penticton, or Vernon, our Outpatient Withdrawal Management Services (OWM) can help.

If you are experiencing moderate to severe substance use issues and require a more intensive treatment setting than community based Substance Use Services, you may be able to attend Bed-Based Services. These services may be a fit for you if your chronic health conditions are well managed and you are independent with daily activities.

The following services are available.

Agency	Location	Referral Information	Admission Criteria
		t Services for ADULTS (19+) vices through acute stages of withdrawal f	rom alcohol or other drugs in an
AXIS Withdrawal Management	Castlegar	Contact primary care provider (physician / NP) for referral.  axis.bc.ca p: 778.460.1901 f: 778.460.1902	<ul> <li>Client has been assessed by physician and medications ordered as needed</li> <li>Complete Alcohol or Opiate/Stimulant Withdrawal Management Referral.</li> </ul>
Phoenix Centre Day One Society	Kamloops	phoenixcentre.org p: 250.374.4634 toll-free: 1.877.318.1177 text: 250.320.0341	<ul> <li>Client requires medically monitored withdrawal services</li> <li>Contact agency for admission details</li> </ul>
The Bridge Youth & Family Services	Kelowna	Contact Agency directly to access.  thebridgeservices.ca info@thebridgeservices.ca p: 250.763.0456	<ul> <li>Client requires medically monitored withdrawal services</li> <li>Contact agency for admission details</li> </ul>
Williams Lake MHSU	Williams Lake	Contact Williams Lake Substance Use Connections for a referral to this site. p: 250-267-6625	<ul> <li>Client requires medically monitored withdrawal services</li> <li>Contact Williams Lake Substance Use Connections for admission details</li> </ul>
		Services for ADULTS (19+) you do not have a stable place and need v	vital support following withdrawal
A New Tomorrow Treatment Solutions	Kamloops	Contact Agency directly to access.  ournewtomorrow.ca admin@ournewtomorrow.ca p: 778.696.2147	Client requires short-term live-in recovery supports     Contact agency for admission details
The Bridge Youth & Family Services	Kelowna	Contact Agency directly to access.  thebridgeservices.ca info@thebridgeservices.ca p: 250.763.0456	<ul> <li>Client requires short-term live-in recovery supports</li> <li>Contact agency for admission details</li> </ul>
Lillooet Friendship Centre Society <sup>3</sup>	Lillooet	Contact Agency directly to access.  www.lfcs.ca info@lfcs.ca p: 250.256.4146	<ul> <li>Client requires short-term live-in recovery supports</li> <li>Contact agency for admission details</li> </ul>



Agency	Location	Referral Information	Admission Criteria			
Bed-Based Treatment Services for ADULTS (19+)  Provide you with a structured, live-in program where your treatment goals are supported through assessment, evidence-based treatment and skill building.						
Sequoia at Firth (Elizabeth Fry) <sup>1, 2</sup>	Abbotsford	Contact local MHSU centre for a referral to funded beds at this site.	<ul> <li>Client has a substance use disorder</li> <li>Client has had several relapses</li> <li>Client's treatment needs are beyond what their</li> </ul>			
efry.com/sequoia		Access Services Program	local community health resources or health authority can meet  Complete the BCMHSU Referral Package			
Round Lake Treatment Centre <sup>3</sup>	Armstrong	Contact Agency directly to access. roundlaketreatmentcentre.ca	<ul> <li>Client has been withdrawn from alcohol or drugs for at least 2 weeks</li> <li>Client has participated in at least 6 sessions with</li> </ul>			
		Hannah Vedan, Intake Coordinator toll-free: 1.888.554.9944	a counsellor Complete Application Forms			
Red Fish Healing Centre <sup>1</sup> bcmhsus.ca	Coquitlam	Contact local MHSU centre for a referral to funded beds at this site.	<ul> <li>Client has a complex mental illness and substance use disorder</li> <li>Client has had several relapses</li> </ul>			
Jennisus.ea		Access Services Program	<ul> <li>Client's treatment needs are beyond what their local community health resources or health authority can meet</li> <li>Complete the <u>BCMHSU Referral Package</u> and <u>Supplementary Forms</u> specific to this centre</li> <li>The Enhanced Care Unit has additional eligibility criteria, detailed on the <u>referral form</u></li> </ul>			
Edgewood Rockies by	Fort Steele	Contact Cranbrook MHSU centre for a	Client is 19-24 years old			
EHN Canada-Treatment Centre		referral to funded beds at this site. p: 250.417.3536, ext. 76514 f: 250.417.7252	<ul> <li>Client has complex and/or chronic substance use</li> <li>Client's treatment needs are beyond what their local community health resources or health authority can meet</li> </ul>			
		1. 230.417.7232	Contact Cranbrook MHSU via email for treatment referral package			
A New Tomorrow Treatment Solutions	Kamloops	Contact Agency directly to access.	<ul> <li>Client has complex and/or chronic substance use</li> <li>Client's treatment needs are beyond what their local community health resources or health</li> </ul>			
		ournewtomorrow.ca admin@ournewtomorrow.ca p: 778.696.2147	<ul> <li>authority can meet</li> <li>Complete the Adult Substance Use Treatment Application</li> </ul>			
Bridgeway: Intensive Live-in Treatment	Kelowna	Contact Agency directly to access. thebridgeservices.ca	<ul> <li>Client has complex and/or chronic substance use</li> <li>Client's treatment needs are beyond what their local community health resources or health</li> </ul>			
		bridgeway@thebridgeservices.ca p: 250.763.0456 x 2402	<ul> <li>authority can meet</li> <li>Complete the Program Application, specific to the program you would like to attend</li> </ul>			
Phoenix Society <sup>1</sup> phoenixsociety.com	Surrey	Contact local MHSU centre for a referral to funded beds at this site.	<ul> <li>Client has a substance use disorder</li> <li>Client has had several relapses</li> <li>Client's treatment needs are beyond what their</li> </ul>			
phochimodecy.		Access Services Program	local community health resources or health authority can meet  Complete the BCMHSUS Referral Package			
Heartwood Centre for Women <sup>1,2</sup>	Vancouver	Contact local MHSU centre for a referral to funded beds at this site.	<ul> <li>Client has severe substance use challenges</li> <li>Client has had several relapses</li> <li>Client's treatment needs are beyond what their</li> </ul>			
bcmhsus.ca		Access Services Program	local community health resources or health authority can meet  Complete the BCMHSUS Referral Package and			
Cupportive December	(Somions (10.))		Supplementary Forms specific to this centre			
Supportive Recovery Services (19+)  Provide you with a time-limited substance-free live-in setting. These safe, supportive environments are available when you are experiencing low to moderate substance use.						
Letwilc Ren Semec	Alkali Lake	Contact any health care provider for a	· Client has completed a treatment program			
Centre <sup>3</sup>		referral to beds at this site. esketemc.ca	<ul> <li>Client does not engage in self harm activities</li> <li>Client is motivated to become independent in a recovery-based lifestyle</li> </ul>			
		p: 250.440.5651 Ext. 264	<ul> <li>Client is able to participate without supervision in outside activities</li> <li>Complete Application Forms</li> </ul>			
Round Lake Treatment Centre <sup>3</sup>	Armstrong	Contact Agency directly to access. roundlaketreatmentcentre.ca	<ul> <li>Client has completed a treatment program</li> <li>Client is interested in participating in cultural activities and/or land based healing</li> </ul>			
Discouring to the second	141	p: 250.546.3077	· Complete Application Forms			
Phoenix Centre STLR	Kamloops	contact Agency directly to access.  phoenixcentre.org p: 250.374.4634	<ul> <li>Client has completed a detox program</li> <li>Client is engaging in outpatient services with Mental Health &amp; Substance Use</li> <li>Clients are living a life of abstinence</li> </ul>			
		toll-free: 1.877.318.1177	<ul> <li>Clients do not have stable shelter</li> <li>Contact agency for admission details</li> </ul>			

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ASK Wellness AASH Program	Kamloops	Contact Agency directly to access.  askwellness.ca p: 250.376.7558	<ul> <li>Client has completed a detox program</li> <li>Contact agency for admission details</li> </ul>
The Bridge Youth & Family Services	Kelowna	Contact Agency directly to access.  thebridgeservices.ca info@thebridgeservices.ca p: 250.763.0456	<ul> <li>Client does not require a medical withdrawal management service</li> <li>Complete the Program Application, specific to the program you would like to attend</li> </ul>
Lillooet Friendship Centre Society <sup>3</sup>	Lillooet	Contact Agency directly to access.  www.lfcs.ca info@lfcs.ca p: 250.256.4146	<ul> <li>Client is abstaining from all non-prescribed substances</li> <li>Contact agency for admission details</li> </ul>
ASK Wellness AASH Program	Merritt	Contact Agency directly to access.  askwellness.ca p: 250.315.0098	<ul> <li>Client has completed a detox program</li> <li>Contact agency for admission details</li> </ul>
Kootenay Boundary Support Recovery Program	Nelson	Contact Nelson MHSU centre for a referral to funded beds at this site.  Nelson MHSU Support Recovery Program p: 250.505.7248	<ul> <li>Client is abstaining from all non-prescribed substances</li> <li>Contact agency for admission details</li> </ul>
The Bridge Youth & Family Services	Penticton	Contact Agency directly to access.  thebridgeservices.ca info@thebridgeservices.ca p: 250.763.0456	<ul> <li>Client does not require a medical withdrawal management service</li> <li>Complete the Program Application, specific to the program you would like to attend</li> </ul>
Bill's Place Addictions Recovery & Support Recovery Housing	Vernon	Contact Agency directly to access.  turningpoints.ngo bradley.houghton@turningpoints.ngo p: 250.549.6144	<ul> <li>Client is seeking recovery from mood altering chemicals or behaviours</li> <li>Client is interested in making changes and working toward wellness</li> <li>Complete Bill's Place Online Application</li> </ul>

## Notes:

- 1 Provincially funded beds: An IH MHSU clinician can refer a client or patient by completing the appropriate referral form.
- **2** Services are for women / trans-identified women only.
- **3** Services are inclusive of Indigenous approaches to wellness.
- 4 Beds funded by other Health Authority.



# **Bed-Based Services for YOUTH**

### **PUBLIC DISTRIBUTION**

Click here to go to Bed-Based Services for ADULTS

Call 310-MHSU (6478) for more information and linkages to other Substance Use Services. We invite you to connect with our Access Services program at your local Mental Health & Substance Use Centre.

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If you are experiencing moderate to severe substance use issues and require a more intensive treatment setting than community based Substance Use Services, you may be able to attend Bed-Based Services.

The following services are available.

Agency	Location	Referral Information	Admission Criteria			
<b>Bed-Based Withdrawal Management Services for YOUTH</b> Provide you with medically supported services through acute stages of withdrawal from alcohol or other drugs in an inpatient setting.						
Phoenix Centre Day One Society	Kamloops	phoenixcentre.org p: 250.374.4634 toll-free: 1.877.318.1177 text: 250.320.0341	<ul> <li>For youth aged 12 to 24</li> <li>Client requires medically monitored withdrawal services</li> <li>Contact agency for admission details</li> </ul>			
The Bridge Youth & Family Services	Kelowna	thebridgeservices.ca info@thebridgeservices.ca p: 250.763.0456	<ul> <li>Youth must be 18 years of age and under</li> <li>Client requires medically monitored withdrawal services</li> <li>Complete the YRH Withdrawal Management Application and the Exit Plan</li> </ul>			
<b>Bed-Based Treatment Services for YOUTH</b> Provide you with a structured, live-in program where your treatment goals are supported through assessment, evidence-based treatment and skill building.						
A New Tomorrow Treatment Solutions Youth Recovery Centre	Kamloops	Contact Agency directly to access.  ournewtomorrow.ca admin@ournewtomorrow.ca p: 778.696.2147	<ul> <li>For youth aged 12 to 18</li> <li>Priority access for those who reside in the Interior Health region</li> <li>Complex mental health and addiction needs</li> <li>Client's treatment needs are beyond what their local community health resources or health authority can meet</li> <li>Client's are at risk of/have experienced/or are experiencing homelessness, victimization, violence, trauma, poverty, or incarceration</li> <li>Complete the Youth Substance Use Treatment Application</li> </ul>			
The Bridge Youth & Family Services Youth Recovery House	Kelowna	Contact Agency directly to access.  thebridgeservices.ca info@thebridgeservices.ca p: 250.763.0456 p: 1.855.760.0456	<ul> <li>For youth aged 12 to 18</li> <li>Priority access for those who reside in the Interior Health region</li> <li>Complex mental health and addiction needs</li> <li>Client's treatment needs are beyond what their local community health resources or health authority can meet</li> <li>Client's are at risk of/have experienced/or are experiencing homelessness, victimization, violence, trauma, poverty, or incarceration</li> <li>Complete the Youth Substance Use Treatment Application</li> </ul>			
Nechako Youth Treatment Program <sup>1,2</sup>	Prince George	Contact Agency directly to access.  Nechako Youth Treatment Program p: 250.645.7415	<ul> <li>Youth must be 13 to 18 years of age</li> <li>No exclusion criteria</li> <li>Contact agency for admission details</li> </ul>			
Phoenix Youth and Young Adult Treatment <sup>2</sup>	Surrey	Contact local MHSU centre for a referral to funded beds at these sites.	<ul> <li>Phoenix: male-identifying or non-binary and 17 to 24 years old</li> <li>COAST: female-identifying or non-binary and 17 to 24 years old</li> <li>Client is experiencing severe substance use challenges</li> <li>Client has exhausted local health authority options</li> </ul>			
COAST Youth and Young Adult Treatment <sup>2</sup>	White Rock	Access Services Program	Client has professional support/referring clinician     Complete the Provincial Youth and Young Adult Treatment     Package			
Peak House <sup>2</sup>	Vancouver	peakhouse.ca intake@peakhouse.ca p: 604.253.6319	<ul> <li>Youth must be 13 to 18 years of age</li> <li>Client is experiencing problems with drugs and/or alcohol</li> <li>Client has been substance-free for at least 7 days</li> <li>Client is interested in attending treatment</li> <li>Client has professional support/referring counsellor</li> </ul>			

#### Notes:

There is no cost the applicant for any contracted youth treatment beds.

- 1 Services are inclusive of Indigenous approaches to wellness.
- 2 Beds funded by other Health Authority.
- 3 Provincially funded beds: An IH MHSU clinician can refer a client or patient by completing the appropriate referral form.



Complete the Peak House Referral Package