



Substance Use Connections Teams

Interior Health and our partner agencies provide a range of substance use services for all ages. We strive to ensure our services are welcoming of all peoples, gender identities, cultures, ethnicities and backgrounds.

RESOURCE LIST

Substance Use Connections Teams support people who use substances in both hospital and community settings. This priority response liaises with Addiction Medication Consultation Services and helps with referrals to Opioid Agonist Treatment and seamless linkages to community based addictions care.

Watch the video In my experience: Opioid Agonist Treatment
Watch the video In my experience: Alcohol Use Disorder

Service Brochures

- Crisis & Hospital Services
- Substance Use Services
- Outpatient Withdrawal Management
- Mental Health Community Counselling & Treatment Services
- Mental Health Treatment, Support & Recovery Services
- Mental Health Specialty Services

Patient Information Sheets

- Overdose Prevention
- Anxiety
- Substance Use
- Depression
- Suicidal Thoughts
- Mental Health Act

Substance Use Fact Sheets

- Help Lines
- Addressing Stigma
- Mobile Apps and Virtual Treatment
- Opioid Agonist Treatment
- Overdose Prevention & Harm Reduction
- Peer Education & Training
- Resources for Families Affected by Substance Use
- Substance Information - Alcohol
- Substance Information - Cannabis
- Mental Wellness Resources for Indigenous Partners

Contact your local Substance Use Connections Team

Royal Inland Hospital Kamloops-Gaglardi Tower 250-320-9105 (Connections)	Penticton MHSU Penticton Regional Hospital 250-462-2945 (main)	Grand Forks MHSU 250-442-0330 (main) 250-442-7982 (Connections)
Vernon Jubilee Hospital 250-503-8572 (primary cell) 250-540-4575 (secondary cell)	Here to Help	Trail MHSU 250-364-6262 (main) 250-231-1044 (Connections)
Kelowna General Hospital 310-MHSU (6478)	Cranbrook MHSU Cranbrook Health Unit 250-421-3870 (main)	Nelson MHSU 250-505-7248 (main) 250-551-4205 (Connections)
Cariboo Memorial Hospital and Community Outreach 250-267-6625 (Connections)		

Our goal is to provide person centered, recovery oriented, trauma informed, culturally safe services based on harm reduction principles.



Start Here

Call 310-MHSU (6478) to connect with your local Mental Health & Substance Use (MHSU) centre.

Call a Crisis line for immediate assistance (24/7):

- Interior Crisis Line Network
1-888-353-2273
- KUU-US (Indigenous) Crisis Line
1-800-588-8717
- Métis Crisis Line
1-833-638-4722

Services

Substance Use Services

One-Pagers:

- Descriptive Service Overview
- Descriptive Service Overview - Youth
- Service Snap Shot
- Service Snap Shot - Youth
- Service Wheel

Mental Health Services

One-Pagers:

- Descriptive Service Overview
- Descriptive Service Overview - Youth
- Service Snap Shot
- Service Snap Shot - Youth

Bed-Based Services - Adult & Youth

Includes:

- Withdrawal Management Services
- Transition & Stabilization Services
- Bed-Based Treatment Services
- Support Recovery Services