



Substance Use Services for YOUTH in Interior Health

We strive to ensure our services are welcoming of all peoples, gender identities, cultures, ethnicities and backgrounds.

Click on a link below for a description of that service and to find a Mental Health & Substance Use Centre near you.

Please note that the [Ministry of Children & Family Development](#) (MCFD) provides the majority of child & youth mental health services.

Interior Health and our partner agencies provide the following substance use services for youth under 19 years of age (age range is flexible depending on client needs). **Not all services are available in all centres.**

Call 310-MHSU (6478)

or Click here to connect to Interior Health's "Access Services" program for entry or referral to a substance use service that best meet your needs.

Our services are Person Centered, Recovery Oriented, Trauma Informed, Culturally Safe and based on Harm Reduction Principles.

Click here for Interior Health's Mental Health Services

Outpatient Treatment Services

- Substance Use Counselling & Treatment Services
- Youth Intensive Case Management
- Opioid Agonist Treatment

Prevention / Early Intervention

- Substance Use Resources
- Mental Health Services for Youth
- Self-Help
 - Help Lines Fact Sheet
 - Mobile Apps / Virtual Treatment Fact Sheet
- Public Health Services
 - Children & Youth Health

Safer-Use Services

- Substance Use Outreach Services
- Overdose Prevention & Treatment
- Harm Reduction

Crisis & Hospital Services

- Crisis Response
- Substance Use Connections
- Addiction Medicine Consultation Services
- RCMP Partnership Teams
- Aboriginal Patient Navigator Services

Facility Based Services

- Facility Based Withdrawal Management Services
- Facility Based Youth Treatment Beds