

## **YOUTH Substance Use Services in Interior Health**

We strive to ensure our services are welcoming of all peoples, gender identities, cultures, ethnicities and backgrounds.

If you have an ongoing mental health concern that is significantly impacting your daily life, Child & Youth Mental Health (CYMH) and Indigenous Child & Youth Mental Health (CYMH) Services might be able to provide the best support.

Interior Health and partner agencies provide the following substance use services for youth aged 12-24 with some programs including priority ages.

Click on a link below for a description of the service and to find a Mental Health & Substance Use (MHSU) Centre near you.

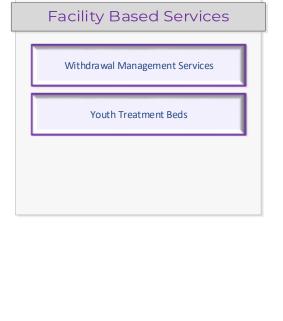
Call 310-MHSU (6478) or click here to connect to our "Access MHSU Services" program for entry or referral to a substance use service that best meet your needs.

Our goal is to provide person centered, recovery oriented, trauma informed & culturally safe services based on harm reduction principles.

## Prevention / Early Intervention Youth Substance Use Services & Resources Help Lines Fact Sheet Mobile Apps / Virtual Treatment Fact Sheet School Health Care Mental Health Promotion Non-MHSU or Interior Health Services Kid's Help Phone Virtual Foundry Online Chat for Youth Bounce Back Indigenous Youth Line **PreVenture** Substance Use & Youth (Kelty Mental Health)







Go to
Mental Health Services for Children
& Youth in Interior Health