Ceremonial VS Commercial Tobacco

- Used as medicine and in ceremonies
- Used for thousands of years
- Occasionally used to smudge
- Connects us to the spirits
- not always smoked or inhaled during ceremonies

- Is made to be highly addictive
- More than 7000 Chemicals are added to make it more addictive, many of which are dangerous
- Causes extreme lung issues aswell as cancer reproductive issues and increased heart attack rates among other things

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Smoke-anagan Not Again.

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BRAIN DISEASE

HEART DISEASE

LUNG DISEASE

GASTROIN-TESTINAL DISEASE

YELLOW TEETH

WEAK BONES

8th graders Who vape are 10 times more likely to Smoke

There are nearly 2,000 chemicals in Vapes

Tobacco Kills up to half of It's users who don't quit

There are more than 7,000 chemicals in tobacco

WHEN YOU FOCUS ON THE GOOD THE GOOD GETS BETTER

you matter

#Say no to vaping

VAPING

- Nausea & chest pain
- Nicotine addiction
- Coughing & wheezing
- Raised heart rate
- Anxiety & Insomnia
- Harmful chemicals
- Headache & Irritability
- Upset stomach

Sound like fun to you?

"One bad habit often Spoils a dosen good ones."
-NAPOLEON HILL

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Marketing draws you in

Addiction keeps you coming back

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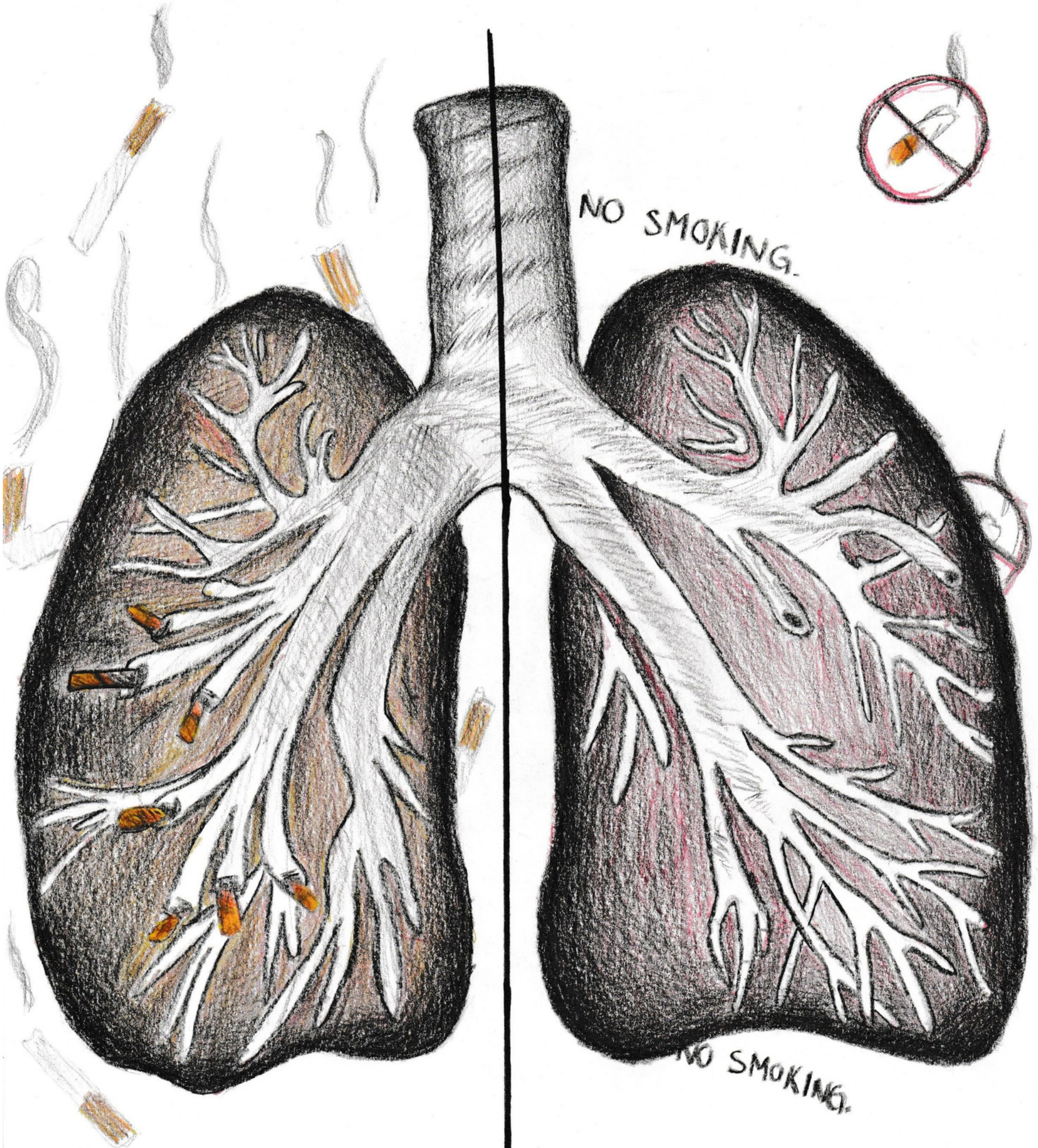

Your Craving is TEMPORARY, but the damage to your lungs is PERMANENT.

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