


CURRICULUM AND EDUCATION PROGRAMS



[iMinds - Canadian Institute for Substance Use Research](#): iMinds is a collection of resources for schools related to substance use and gambling. The lesson ideas fit well within the scope of BC's K-12 curriculum with its emphasis on core and curricular competencies. The collection includes specific competencies for drug literacy and gambling literacy.

[Safety First - Real Drug Education for Teens - Drug Policy Alliance](#):  Safety First Real Drug Education for Teens curriculum is a comprehensive tool for teachers that allows them to have honest conversations about drugs with their students, equipping them with the skills to navigate risks.

[Youth Cannabis Knowledge Hub - YMCA](#): Online hub for youth, young adults, parents and professionals providing evidence based information and resources in English and French, including self-guided educational modules about recreational cannabis use. The Hub aims to increase knowledge and skills related to reducing the harms of cannabis use and preventing problematic use.

[Cannabis and Mental Health -A joint project with the Schizophrenia Society of Canada's project Cannabis & Psychosis, YouthREX, and The Mental Health Commission of Canada](#): Contains a 90-minute online course that includes harm reduction tips for youth – developed by youth for youth. Also provides a mentor guide for educators, peer and youth workers, parents and allies.

[Sensible Cannabis Education – A Toolkit for Educating Youth - Canadian Students for Sensible Drug Policy](#): This toolkit responds to calls for the development of realistic and evidence-based cannabis education for youth. Created for educators, as well as parents, this resource aims to support adults in having informed and non-judgmental conversations with young people about cannabis.

CURRICULUM AND EDUCATION PROGRAMS CONTINUED...



[ABC's of Youth Substance Use - Funded by: BC Ministry of Health with support and input from the BC Ministry of Education and the BC Ministry of Mental Health and Addiction:](#) A British Columbia initiative to promote evidence-based approaches to youth substance-use education in schools. Includes recommended resources for the classroom and the community as well as professional development opportunities.