

# FOR SCHOOLS



## Harm Reduction in Schools

[Why harm reduction? Key messages for schools - Interior Health](#): Key messages for schools on why a harm reduction approach is an important part of a comprehensive school health approach to substance use.

[Blue Print for Action - Preventing Substance-related Harms among Canadian Youth through a Comprehensive School Approach - Health Canada](#): Resource designed to inform comprehensive and concrete action plans and strategies at various levels of the Canadian education system (individual schools, school boards, school health organizations, among others) to prevent substance-related harms among youth.

[Policy Paper - Preventing Substance-related Harms among Canadian Youth through a Comprehensive School Approach - Health Canada](#): This policy paper describes issues related to youth substance use from a public health perspective and aims to inform action to prevent substance-related harms through school communities.

## Overdose Response in Schools

[Naloxone FAQ for Schools - Interior Health](#): Answers to common questions like – should we have naloxone onsite? Where can we get kits and training? What are the different kinds of naloxone?... and more.

[Overdose Policy Template for Schools - Interior Health](#): Policy template for schools to establish guidelines and procedures for the utilization of naloxone by staff members in response to an opioid overdose emergency.

[Naloxone Blue Kit Program for Schools](#): The Naloxone Blue Kit program is an Interior Health program to help schools prepare to respond to an opioid drug poisoning (overdose) on site. The program provides a free naloxone kit to schools who implement a comprehensive overdose response plan.

# FOR SCHOOLS CONTINUED...



## **School Substance Use Policies**

### [Comprehensive School Substance Use Policy Check List – Interior Health:](#)

Check list to support schools in evaluating their substance use policies and practices.

### [Alternatives to suspension - Canadian Institute for Substance Use](#)

[Research](#): Promising practices available to schools seeking alternatives to suspension. Studies show implementing a range of strategies at multiple levels (e.g., administrative, school personnel, individual student) is likely to benefit not only individual students but also the broader school community.

### [Developing Healthy Drug Policies - Canadian Institute for Substance Use](#)

[Research](#): This document outlines how schools can implement substance use policies that focus on building connectedness and fostering social, emotional, and cognitive competence.

### [School policy assessment tool - Canadian Institute for Substance Use](#)

[Research](#): Tool to help schools assess their substance use policy and identify opportunities for improvement.

### [School policy process tool - Canadian Institute for Substance Use](#)

[Research](#): Outlines process to develop/revise school substance use policies.

## **Forms**

[Condom order form for Secondary Schools – Interior Health:](#) Form for secondary schools to order free condoms. Also contains information on dispensers and safer sex resources.

**Looking for resources for classroom education? See Curriculum and Education Programs for Youth.**



Interior Health