

YOUTH HARM REDUCTION: A TOOLKIT FOR SERVICE PROVIDERS

Harm reduction is an umbrella term for programs, policies and practices that aim to reduce the negative consequences associated with behaviors that are typically considered high risk. It is also "a way of being" or an approach to providing care and support that is based in respect, compassion and inclusion.

A harm reduction approach can be used to support youth with a variety of topics. This toolkit focuses primarily on substance use.

This toolkit was designed to help youth service providers find credible harm reduction information, resources and tools to support them in the important work they do.

We hope you find the resources helpful. We hope to add to it as new resources are developed or discovered, so check back often. Please reach out to us if you have any questions, if you find broken links or have suggestions on things to add.

Thank you for all you do to support youth in your community!

Interior Health's Youth Harm Reduction Team :)
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