



Baby Talk

Supporting parents during the first year

- 📍 **Location:** Kiro Wellness Centre – Room 228
- 🕒 **Mondays, 1:00 – 3:00 PM**
- 😊 **For infants 0-12 months and their parent(s)**
- 😊 **Older siblings welcome!**
- 🍏 **Light snack provided**

Upcoming Sessions

Jan 19 – Community Connections with CBAL

Jan 26 – Speech & Language Development – Jennifer Moll, SLP

Feb 2 – Dental Health – Dental Hygienist guest speaker

Feb 9 - FAIR resources & Building Beautiful Babies – Shauna Flux

Feb 16 – NO Baby Talk - Family Day STAT

**Topics presented by a Public
Health Nurse or guest
speaker**

Questions? Call Trail Public Health 250-364-6226

