



ALERT Toxic Drug Poisoning Trail

Multiple non fatal drug poisonings (overdoses) have been reported in the city of Trail.

Be a buddy: Reach out for a buddy so no one uses alone!

START LOW + GO SLOW!

Consider these additional tips if you are going to use drugs:

- Carry naloxone and know how to use it
- Use with others around or at an Overdose Prevention Site
- Find drug checking locations at www.drugchecking.ca
- Be aware of risks if mixing with other drugs, including alcohol
- Start with a small amount and wait before taking more
- Space out your doses
- Call 211 or visit bc211.ca to find services near you
- Get the LifeGuard App lifeguarddh.com

Use Services
310-MHSU
ANKORS
Drug Checking
236-972-7080