



Interior Health

Virtual Addiction Medicine (VAM) Clinic

Our Clinic provides rapid access to addiction medicine specialists to support people with a substance use disorder.

Request an Appointment

Visit www.interiorhealth.ca/VAM to request an appointment. In most cases you will be contacted within one business day.



**The VAM Clinic is open Monday to Saturday
9:30 a.m. to 4:30 p.m. Pacific Time**

We acknowledge that this work occurs on the traditional, ancestral and unceded territories of the Dākelh Dene, Ktunaxa, Nlaka'pamux, Secwépemc, St'át'imc, Syilx and T̓silhqot'in Nations. This region is also home to 15 Chartered Métis Communities.

What we do

The VAM care team works with you to create a care plan that meets your personal needs and goals. Our team can prescribe effective medications to treat opioid and alcohol use disorders. You may be referred to additional services in your community such as counselling or withdrawal management.

Opioid use disorder

Opioid agonist treatment (OAT) is an evidence-based treatment that uses prescribed medications to treat people who have an opioid use disorder (addiction).

These medications decrease cravings and withdrawal symptoms to help you engage in recovery. Trying to withdraw from opioids on your own is dangerous and can lead to relapse. Let us help.

Alcohol use disorder

If you are struggling to reduce or stop using alcohol, you are not alone. There are effective medications that can help you reduce your drinking or prevent a relapse. Stopping alcohol suddenly without medical support can be life-threatening. We can help you develop a safe plan to reach your goals.

How to get immediate help

If you need immediate help visit your nearest emergency department or call a 24-hour crisis line.

Interior Health	1-888-353-2273
Crisis Line Network:	or 1-800-784-2433
KUU-US Indigenous Crisis Line:	1-800-588-8717
Métis Crisis Line:	1-833-638-4722
Suicide Crisis Line:	988

Indigenous clients

VAM is privileged to support Indigenous clients and work with the First Nations Health Authority and First Nations Health Service Organizations.