

Where TO GET CARE



**You have access to
medical advice 24/7.**

Connect directly with a
registered nurse, dietitian,
exercise professional, or
pharmacist.



Call 8-1-1

Deaf or hearing impaired (TTY) 7-1-1

If you are unsure about your health-care needs and seeking non-urgent professional health information and advice, contact HealthLinkBC via phone or online.

Visit HealthLinkBC.ca and use their Interactive Symptom Checker.



Learn more about where to access
care through Interior Health

InteriorHealth.ca



Interior Health