

Where TO GET CARE



There are ways to live safely and independently.

Learn about the options available to you or someone you love.



Need help with living at home?

Home, with appropriate supports, is the best place to live safely and independently.

We provide a variety of at-home and community health-care services to people with acute, chronic, palliative and rehabilitative health-care needs.

Call **1-800-707-8550** to learn more.



No longer able to live at home with help?

Your local **Home and Community Care office** is available to assist you with options. **Long-term care** is for adults with complex health care needs requiring 24-hour professional care.

Access to long-term care services is based on a person's assessed need and risk. Priority is given to those with the highest need and greatest risk.



Are you a caregiver and need support?

Respite for caregivers is available through **Adult Day Services** and **Home Health clinicians** in Interior Health.

Better at Home provides non-medical supports to help seniors remain at home longer.

Contact the **Family Caregivers of B.C.** to learn more.



Learn more about where to access care through Interior Health

InteriorHealth.ca



Interior Health